

Australian
Psychoanalytical
Society

ANNUAL CONFERENCE

Navigating
Boundaries:
too far/
too close

10-11 September 2022

Online via zoom

Navigating Boundaries: Too far / too close

SPECIAL GUEST
Glen
Gabbard

Saturday 10th September

9:10-9:30

Welcome address by the President Louise Gylter

9:30-11:30

Digital Professionalism

Speaker: Glen Gabbard / Chair: Louise Gylter

ABSTRACT: We now live and work in an environment where the anonymity of the analyst or therapist is a relic of the past. Patients and others have considerable access to details of their therapist's place of residence, the therapist's family members, and even the therapist's private activities. Correspondence with colleagues may be read or gossiped about. If a therapist expresses outrage about the "breach of privacy", a patient has only to point out that messages sent into cyberspace are not considered private in the current zeitgeist. This shift in longstanding confidentiality practices are changing the practice of psychoanalysis and psychotherapy.

11:30-11:45

Morning tea

11:45-13:15

Talk about troubles in the family! - In conversation with Glen Gabbard

Speakers: Liz Kerr, Kaye Nelson and Glen Gabbard / Chair: Louise Gylter

13:15-14:00

Lunch

14:00-15:30

Internal Functioning/External Boundaries:

The importance of understanding the internal functioning and boundaries of both patient and therapist to prevent external boundary violations.

Speaker: Matthew McArdle / Discussant: Kathryn Bays / Chair: Rise Becker

15:30-15:45

Afternoon Tea

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Saturday 10th September CONTINUED

15:45-17:15

Panel: Walking the tightrope - the balancing act

Speakers: Tim Keogh, Teresa Russo, Cathy Ludbrook / Chair: Shanthi Saha

Avoiding partnership in crime: Frame and boundary considerations in forensic psychotherapy

Speaker: Tim Keogh

"In the Best Interest of the Child" Working with Young Children, Parental Conflict and External Agencies

Speaker: Teresa Russo

"Staying in your lane": the maintenance of boundaries within a complex mental health system

Speaker: Cathy Ludbrook

17:15-17:30

Closing Remarks by Louise Gyler

**Professor
Glen Gabbard**



Guest Speaker

is Clinical Professor of Psychiatry at Baylor College of Medicine and Training and Supervising Analyst at the Center for Psychoanalytic Studies in Houston, Texas. He is the author or editor of 29 books and 365 scientific papers. He has received numerous awards for his contributions to psychiatry and psychoanalysis. In 2000 he won the prestigious Sigourney Award for his contributions to psychoanalysis and he was the youngest awardee to ever receive that award. In 2021 he received the Lifetime Achievement Award of Sapienza University in Rome. He was formerly the Director of the Menninger Clinic when it was in Topeka. He also served in the role of Joint Editor in Chief of the International Journal of Psychoanalysis from 2001-2007. For his teaching at Baylor College of Medicine, he received the Teaching Award on 7 different occasions. His book, *Psychodynamic Psychiatry*, is a best seller now in its fifth edition.

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Sunday 11th September

9:00-10:30

What can an analytic couples therapist learn from Tronic's infant-mother research and interpersonal neurobiology?

Speaker: Ken Israelstam / Chair: Tim Keogh

10:30-11:00

Morning tea

11:00-12:30

Thinking about child work: the interplay of frame and process in symbolisation and transformation

Speaker: Louise Gylter / Chair: Louise Hird

12:30

Closing remarks – Scientific Chair: Shanthi Saha

Full programme available available at www.pschoanalysis.asn.au

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Speakers



Louise Gyler

Louise Gyler PhD is a Child and Adult Training Analyst and President of the Australian Psychoanalytical Society, a guest member of the British Psychoanalytical Society and a visiting professor at the Chinese - American Continual Training Program at Wuhan Hospital for Psychotherapy. She chairs the Programme Committee for IPA Asia-Pacific Conference 2023 (India). She authored *The Gendered Unconscious: Can gender discourses subvert psychoanalysis?* (Routledge, 2010). In 2007, she was runner up for Ticho Charitable Foundation Lectureship at the 45th IPA Congress, Berlin and in 2019, won the 22nd International Frances Tustin Memorial Prize and Lectureship. She has a private practice in Sydney.



Ken Israelstam

Ken Israelstam is a Fellow of the Royal College of Physicians of Canada (In Psychiatry), and a training and supervising analyst with the Australian Psychoanalytical Society. He is a Member of the International Psychoanalytical Association, and a Member of the European Psychoanalytical Federation. He has a special interest in analytical couples therapy, candidate education and the theories of transformation, with publications on these subjects in international journals.



Tim Keogh

Tim Keogh PhD is a training and supervising analyst with the Sydney Branch of the Australian Psychoanalytical Society (APAS) and an Adjunct Associate Professor at the University of Sydney. His other current roles include President of the newly formed Australian Forensic Psychotherapy Association, President of Penthos (penthos.org.au - a psychoanalytic charity providing a brief intervention for parents experiencing prolonged grief), Chair of the Ethics Committee of the Australasian Confederation of Psychoanalytic Psychotherapies (ACPP), Co-Chair (Asia-Pacific) of the International Psychoanalytical Association (IPA) Committee on Couple and Family Psychoanalysis (COFAP) and a member of the IPA Violence Committee. His forensic publications include *Through a Glass Darkly: The Internal World of the Juvenile Sex Offender* (Karnac).

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Speakers



Elizabeth Kerr

Elizabeth Kerr is a Training and Supervising Analyst of APAS. She is a Founding Director of the Australian Psychoanalytical Foundation. She has Chaired the Committee for Ethics and Professional Standards of APAS during the last five years.



Cathy Ludbrook

Dr Cathy Ludbrook has qualifications in general adult psychiatry, and child and adolescent psychiatry. She is the Clinical Lead with Borderline Personality Disorder Collaborative and the psychotherapy tutor for the South Australian Branch Training Committee. Prior to her current positions she worked in private practice for over 25 years, with a particular interest in young people with BPD and other trauma related disorders. In recent years she has trained in Mentalization Based Therapy, an evidenced based therapy for Borderline Personality Disorder.



Matthew McArdle

Matthew is a psychiatrist, psychotherapist and psychoanalyst in private practice in Melbourne. He is a member and training analyst of the Australian Psychoanalytical Society (APAS). He is past Chair of the Melbourne branch of APAS and of the Melbourne Institute for Psychoanalysis. He has participated in the European Visiting Program, an initiative exploring the training models for psychoanalysis in various Psychoanalytic Institutes. He was a member of the research group for the Specificity of Psychoanalytic Treatment Today through Interanalytic Group Work. Previously a Working Party of the European Psychoanalytical Federation.

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Speakers



Teresa Russo

Dr Teresa Russo MBBS, M-MHSc, is a child and adult psychoanalyst with the Melbourne Branch of the Australian Psychoanalytical Society (APAS). She is an Infant-Parent Psychotherapist and an Infant Mental Health Clinician and a faculty member of the Infant Mental Health Advanced Training (IMHAT) program.



Leonie Sullivan

Leonie Sullivan is a Training Analyst with the Australian Psychoanalytical Society, and member of the International Psychoanalytic Association. She is in private practice in Sydney and vice president of the Australasian Confederation of Psychoanalytic Psychotherapies. Since 2012, she has been Visiting Professor to the Psychotherapy Training Program in the Huazhong University of Science and Technology. She is a founding member of the Australian and New Zealand Balint Society and is interested in ethics and enactment in Balint and other psychoanalytic work.



Kathryn Bays

Kathryn Bays is a Psychoanalyst and Clinical Psychologist, a member of the Melbourne branch of the Australian Psychoanalytical Society and of the International Psychoanalytic Association.

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Registrations now open

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Attend the full weekend or just one day (either Saturday or Sunday). Early Bird rates also available.

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| Saturday & Sunday | \$297 |
| Saturday Only | \$198 |
| Sunday Only | \$132 |