

## **PPC@SIP Course Outline 2021**

(Psychodynamic Psychotherapy Course @ Sydney Institute for Psychoanalysis)

### **Zoom PPC**

Zoom PPC is a new online version of PPC@SIP that links contemporary psychodynamic thinking with the clinical and organizational challenges of practice in different mental health settings.

The course is designed to enhance case management and psychotherapy skills of clinicians working in private practice, as a member of a mental health team, or in a not-for-profit mental health setting. The application of psychodynamic ideas in each setting will be explored during the course.

The clinician will develop an understanding of what patients bring to the clinical encounter, and the potential effects of the patient upon the therapist and/or mental health team. Likewise, the impact on patients of what is brought or carried into treatment by staff and therapists will be carefully considered.

Zoom PPC will assist clinicians to identify key relational psychotherapeutic concepts including transference, countertransference, and projective identification and develop practical skills to manage their clinical impact.

The course is appropriate for those who are new to psychodynamic practice as well as those familiar with this way of working. Course participants will be helped to explore clinical encounters more deeply, and to use readings and clinical material as actively as possible.

### **Syllabus and Seminars**

The Course is held on Wednesday evenings at 6.30 - 9.30pm (AEST) from Oct 13, 2021 - Sept 7, 2022.

The course structure comprises key texts with supplementary materials when required. There will be two seminars per evening with a break for dinner. The first seminar will reflect on and discuss the readings for that week. The second seminar will enable course participants to present and discuss clinical material in a supportive small group environment. Seminars will be facilitated by members of the Sydney Institute for Psychoanalysis.

### **Professional Development**

Zoom PPC is a self-contained module suitable for accreditation on most professional development programs. While Zoom PPC is not a clinical qualification, many participants use the course as a foundation for further

studies in SIP programs such as Small Group Seminars and Consultations [SGSC], or training programs at SIP and other organizations.

### **Personal Therapy**

It is recommended that participants have a personal experience of psychodynamic psychotherapy in order to better understand the course material. Assistance to find a suitably qualified therapist can be provided.

### **Fees**

Fees for 2021-22 are \$3000 [+GST \$300] per annum payable upon acceptance of a place in Zoom PPC. The fees cover all seminars and include 12 months subscription to PEPWEB which provides online access to most psychodynamic journals and many classic texts.

### **Course Application**

PPC Applications are available for download on this web page:

<https://www.psychanalysis.asn.au/sydney-institute>

Please note applicants will be invited for interview prior to acceptance on the course. Applications close Friday July 30, 2021.

### **Financial Assistance.**

Financial assistance may be available to a limited number of early career clinicians working in not-for-profit organizations, or with disadvantaged patient groups, and/or more experienced clinicians who could develop a psychodynamic approach within a mental health service. A panel will assess applications for assistance on their merits. Please contact Ms Georgina Varney at this email address to request a Zoom PPC Financial Assistance Application: [SIFP5@outlook.com](mailto:SIFP5@outlook.com)

### **Enquiries**

We welcome enquiries to Mark Howard, Pam Shein, Charlie Stansfield and Catharine Bailey, please email: [ppc-at-sip@iinet.net.au](mailto:ppc-at-sip@iinet.net.au)